

**Monmouth Gastroenterology, LLC**



A Division of Allied Digestive Health

1912 Hwy 35 South, Suite 201

Oakhurst, NJ 07755

732-389-5004 fax 732-389-1850

**Doctors: Baig, Belitsis, Fiest, Gorcey, Merikhi and Uppal**

PATIENT

NAME: \_\_\_\_\_ Date: \_\_\_\_\_

Time: **THE FACILITY WILL CALL YOU WITH THE EXACT TIME EITHER ONE OR TWO DAYS PRIOR TO YOUR PROCEDURE.**

**REQUIRED PREPARATION FOR YOUR PROCEDURE:**

\_\_\_\_\_ UPPER ENDOSCOPY

\_\_\_\_\_ ERCP

\_\_\_\_\_ PUSH ENTEROSCOPY

\_\_\_\_\_ ESOPHAGEAL MANOMETRY (This test is **without sedation** – a driver is not needed.)

**NIGHT BEFORE PROCEDURE:**

1. Do not eat any solid foods after **7:00 PM**.
2. Clear liquids **ONLY** after dinner up until midnight.
3. Nothing to **EAT** or **DRINK** after midnight until after your procedure.

**IF YOUR PROCEDURE IS IN THE AFTERNOON:**

1. Do not eat any solid foods after **10:00 pm** the night before the procedure.
2. Clear liquids after 10:00 pm
3. Do not **DRINK** for **6 hours** prior to your procedure.

EXTRA INSTRUCTIONS: \_\_\_\_\_

**Day of Procedure: TAKE YOUR HEART MEDICATIONS OR BLOOD PRESSURE MEDICATIONS**

**Please report to the following location:**

- Advanced Endoscopy and Surgical Center:** 142 Rte. 35, Eatontown, NJ---**732-935-0031**
- Monmouth Medical Center:** 300 Second Avenue, Long Branch, NJ- **Arrival time:** \_\_\_\_\_ **outpatient registration**
- Jersey Shore University Medical Center:** 1945 Rte. 33, Neptune, NJ- **Arrival time:** \_\_\_\_\_ **outpatient registration**

**\*\*YOU MUST HAVE A RESPONSIBLE ADULT ACCOMPANY YOU HOME.**

**Driving yourself, taking a bus or walking is NOT PERMITTED\*\***

Updated 6/2016