

Monmouth Gastroenterology, LLC



A Division of Allied Digestive Health

1912 Hwy 35 South, Suite 201

Oakhurst, NJ 07755

732-389-5004 fax 732-389-1850

Doctors: Baig, Belitsis, Fiest, Gorcey, Merikhi and Uppal

PATIENT NAME: _____ Date: _____

Time: **THE FACILITY WILL CALL YOU WITH THE EXACT TIME EITHER ONE OR TWO DAYS PRIOR TO YOUR PROCEDURE.**

REQUIRED PREPARATION FOR YOUR PROCEDURE:

UPPER ENDOSCOPY with BRAVO PREPARATION

IF YOU HAVE DIABETES or TAKE BLOOD THINNERS (COUMADIN, PLAVIX, TICLID, ETC.,) AND DID NOT TELL THE DOCTOR, PLEASE INFORM OFFICE IMMEDIATELY.

PLEASE TAKE NOTE: WHEN HAVING THIS PROCEDURE, DO NOT TAKE ANY ANTACID OR STOMACH MEDICATIONS FOR 72 HOURS PRIOR (PREVACID, NEXIUM, PRILOSEC, PROTONIX ACIPHEX, KAPIDEX, ZANTAC, PEPCID, TUMS, ETC...)

NIGHT BEFORE PROCEDURE: This is for an AM procedure

1. Do not eat any solid food after 7:00 pm
2. Clear liquids only after dinner until midnight
3. Nothing to EAT or DRINK after midnight until after your procedure or the morning of your procedure

IF YOUR PROCEDURE IS IN THE AFTERNOON

1. Do not eat any solid food after 10:00 pm the night before
2. Do not DRINK for 6 HOURS prior to your procedure

Day of Procedure: TAKE YOUR HEART MEDICATIONS OR BLOOD PRESSURE MEDICATIONS

Please report to the following location:

- Advanced Endoscopy and Surgical Center:** 142 Rte. 35, Eatontown, NJ---732-935-0031
- Monmouth Medical Center:** 300 Second Avenue, Long Branch, NJ- **Arrival time:** _____ **outpatient registration**
- Jersey Shore University Medical Center:** 1945 Rte. 33, Neptune, NJ- **Arrival time:** _____ **outpatient registration**

****YOU MUST HAVE A RESPONSIBLE ADULT ACCOMPANY YOU HOME.
Driving yourself, taking a bus or walking is NOT PERMITTED****

6/2016