



# Loaves & Fishes

## Community Services

### ENDING HUNGER by Fighting Food Insecurity

#### Protecting the Health of Low Income Families

19,045 Individuals Served by  
**Loaves & Fishes**

600 family visits each week!



4,754



Families

8,167



Children

1,156



Seniors

#### What is Food Insecurity?

Not having enough food to live a healthy life, which can lead to malnutrition and many other health concerns.

#### Health Concerns for DuPage County<sup>1</sup>

Food Insecurity	Child Food Insecurity
74,090 persons	14.6%
Adult Obesity	Adult Diabetes
23%	14.6%

<sup>1</sup> Impact DuPage, 2016

#### Providing Reliable Access to Healthy Foods

**92%**

Of clients feel more confident they can provide a healthy diet for their family<sup>2</sup>

**92%** Increased their fruit & vegetable consumption



**84%** Increased whole grain foods in their diet



**96%** Increased dairy & calcium rich foods in their diet



**88%** Increased foods *lower* in sodium and sugars



<sup>2</sup> Loaves & Fishes client survey

#### How Did We Do It?



#### Sustainable and Nutritious Food Sourcing

**3,692,268**

Pounds of food distributed to families in need.

**60%**

of food is rescued from local grocers



#### Extra Nutrition for Special Care Populations

**46,199**

Child nutrition packs with milk, eggs & fresh fruit.

**1,200**

Infant packages with formula, baby foods, diapers & wipes.

**1,225**

Deliveries to homebound seniors & disabled residents.



#### Nutrition Education

**Over 200 Hours of**

- Nutrition Tabletops
- Consultations
- Demonstrations

Benedictine University



#### Connecting Families to Preventative Services & Healthcare

**119**

Residents connected to SNAP Benefits

**176**

Residents connected to Medicaid & Healthcare Benefits



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## Community Services

### TRANSFORMING LIVES through CARES Programs

Loaves & Fishes CARES Programs provide emergency financial assistance preventing homelessness and access to resources that rebuild and transform lives.

#### How Do We Do It?

##### CARES Programs Preventing Homelessness

After receiving assistance in 2016



**Rental Assistance**

**92%**

Remained housed after 3 months



**Utility Assistance**

**100%**

Still have services after 3 months



**Car Program**

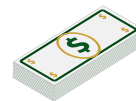
**94%**

Remained employed 6 months after receiving a car



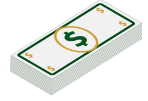
45 CARES clients received donated cars through the generosity of our community.

##### Community Collaboration



**\$176,500**  
CARES funds

+



**\$143,000**  
leveraged with other agencies

=



**\$319,500** in financial assistance to 471 households



Clients served through programs offered on-site through Community Partnerships and Volunteers

**Computer Classes**  
  
69

**Job Search Assistance**  
  
148

**English (ELA) Classes**  
  
60

**Legal Consultation**  
  
28

**Emotional Support**  
  
150

**LIHEAP**  
Low Income Energy Assistance Program  
  
150



##### VITA Program



**700**  
Returns Prepared

**Federal Refunds**  
**\$1,150,000**

**State Refunds**  
**\$121,000**

All this was accomplished with the help of 1,554 Dedicated volunteers donating 90,475 hours!



The equivalent of 43.5 full-time employees!